

A group of ten diverse people, including men and women of various ethnicities, are smiling and standing in a brightly lit hospital hallway. They are dressed in professional or business-casual attire. The hallway has wooden trim and recessed ceiling lights.

# COMMUNITY

## 2022 PHILANTHROPIC IMPACT REPORT

*Martha Jefferson Hospital Foundation*

# COMMUNITY



*“Martha Jefferson’s culture has always been to care for each other and our community—to treat people as people, not a disease or a room number. That is the heart of our Caring Tradition, and it should never change. I’m constantly humbled and inspired by our teams, and their compassion keeps me going.”*

*—Rita A. Bunch, MPH, FACHE,  
President  
Sentara Martha Jefferson Hospital*

*This is The Caring Tradition  
in Action.*

To learn how you can wrap our community in love and care, visit: [mjhfoundation.org](http://mjhfoundation.org)

**Martha  
Jefferson** Hospital Foundation



# Improving Health for All

Your generosity and support through the Martha Jefferson Hospital Foundation touched thousands of lives this year, reaching far beyond the hospital doors to help friends and neighbors care for their own health, and that of their families.

With you, we are filling the gaps created by financial insecurity, staff shortages, and insurance limitations by:

- **Improving access to healthy, nourishing food.**  
“Pop-up” farmers markets at schoolbus stops are providing free bags of farm-fresh food and produce for 1,500 families in Louisa County, with more planned in Louisa and other communities in 2023.
- **Training more nurses and medical personnel.**  
By supporting a mix of scholarships and paid on-the-job training, community generosity through the Haden Nursing Institute and the Center for Clinical Education is expanding our pool of nurses and medical staff, creating good-paying jobs and maintaining Sentara Martha Jefferson’s world-class standard of care.
- **Guaranteeing access to palliative care.**  
Community generosity through the Foundation invests \$600,000 annually to fill the gaps in insurance coverage, so that all patients and families have access to palliative services and support in the hardest moments of life.



SENTARA MARTHA JEFFERSON HOSPITAL HAS EARNED NATIONAL RECOGNITION INCLUDING:

- Comprehensive Stroke Center Certification, the highest level of competence, from DNV GL Healthcare
- *U.S. News & World Report* recognition among Virginia’s 10 best hospitals, and among the top 10% nationally for maternity care
- Inclusion on *Newsweek’s* 2022 list of America’s Best Maternity Hospitals
- “A” grade, the highest rating, from the Leapfrog Hospital Safety Grade
- Awarded four consecutive Magnet designations for nursing excellence. Fewer than 2% of hospitals nationally have this level of recognition

*Martha Jefferson* Hospital Foundation



# SHARING



*Recently, I had a gentleman tell me that his wife was going through a horrible experience with cancer, and when he heard the music, it reminded him that there is still beauty in life. Music means so much to me. Sharing it with others is something I can do to help.*

*—Michael Van Ornum  
Registered Nurse, Clinical Medication Safety  
Pharmacist, SMJH volunteer pianist*

*This is The Caring Tradition  
in Action.*

To learn more about volunteer opportunities, visit:  
[mjhfoundation.org](http://mjhfoundation.org)  
To enjoy Michael's playing,  
[click here](#)

**Martha  
Jefferson** Hospital Foundation



# A Healing Environment

Every dollar donated to the Martha Jefferson Hospital Foundation goes directly into life-saving programs and services for friends and families here in our community.

Your time and support make the Caring Tradition real in the lives of patients, families, and caregivers through transformational programs and small acts of kindness, including:

- **Neighbors Caring for Neighbors:** In 2022, our remarkable team of 178 active volunteers donated more than 30,000 hours of service to the community—the equivalent of more than \$900,000 in paid staff time. Their dedication, combined with the clinical excellence of our teams, earns Sentara Martha Jefferson some of the highest patient ratings nationwide.
- **Respite spaces:** Beautiful spaces, including a community-funded Serenity Garden adjacent to our critical care wards, are bringing the healing power of nature indoors, enabling patients, families, and caregivers to step away from the bedside and find a few moments of rest.
- **Care for the Caregivers:** Your generosity is providing our caregivers with proven resiliency resources—such as massage, mindful movement, and peer support—to help them stay healthy and inspired in their pursuit of excellent patient care.



[click here to see the video of Cheryl Schwandt](#)

## SENTARA MARTHA JEFFERSON'S HEALING ENVIRONMENT INCLUDES:

- 178 active volunteers donating 30,000 hours of volunteer service
- 280 hours of massage monthly for patients, families, and staff
- 1,200+ beautiful works of art by regional artists in our permanent collection, plus rotating art exhibitions made possible by community support
- A 56-acre campus with miles of walking trails, gardens, and contemplative spaces

# STRONGER



*My sons call me 'Wonder Woman' because I defeated breast cancer. With the help of my amazing doctors and nurses, I chose never to let my diagnosis or treatment overtake me. I tried to always be a positive and shining light for my children. Together, we beat breast cancer. Now I tell my sons I love them every day, and know that I'm stronger than I ever thought. I am a survivor!*

*—Susan Kreiner, breast cancer survivor,  
Martha Jefferson Hospital Foundation  
Women's Committee volunteer*

*This is The Caring Tradition  
in Action.*

To learn how you can change lives through life-saving cancer care programs, visit:  
[mjhfoundation.org](http://mjhfoundation.org)

**Martha  
Jefferson** Hospital Foundation



# Life-Saving Cancer Care for our Community

Every year, more than 1,300 new cancer patients are diagnosed at Sentara Martha Jefferson Hospital. Our High-Risk Breast Cancer, Cancer Survivorship, and Palliative Care teams continue to treat record numbers of patients, a consequence of people postponing preventive screenings during the pandemic.

Your generosity through the Martha Jefferson Hospital Foundation wraps patients and their families in love and support throughout the cancer journey by supporting life-saving programs, including:

- **Prevention:** More than 600 community members utilized *free* cancer screenings and prevention programs, including dedicated nurse navigators, genetic counseling and care planning for women identified as high risk for breast cancer.
- **Treatment:** *free* and *enhanced* cancer treatment programs, including massage therapies, exercise and nutritional counseling, peer support, and free wigs and scarves.
- **Survivorship:** *free* programs for approximately 400+ community members annually. From personalized follow-up care to physical rehab to emotional support, your generosity is meeting the needs of a growing population of cancer survivors.



SENTARA'S PHILLIPS CANCER CENTER IS NATIONALLY RECOGNIZED FOR EXCELLENCE IN CANCER CARE, WITH DESIGNATIONS INCLUDING:

- *U.S. News & World Report:* Top 10% nationally in Lung Cancer and Colon Cancer Surgery
- Commission on Cancer accredited cancer program
- Nationally accredited for rectal and breast cancer treatment by American College of Surgeons
- ASCO Quality Oncology Practice Initiative certified for high-quality out-patient Hematology/Oncology care



# 2022 PHILANTHROPIC IMPACT REPORT

## *Martha Jefferson Hospital Foundation*

Since the day it was founded in 1903, Martha Jefferson Hospital has been exceptional, thriving amid ever-changing circumstances to become the world-class community hospital it is today. The goal of Sentara Martha Jefferson Hospital is to remain on the forefront of qualitative healthcare while retaining our warm Martha Jefferson Caring Tradition.

The generosity and partnership of our community through the Martha Jefferson Hospital Foundation helps to make this vision possible. From transformational programs to small acts of kindness, your gift wraps our patients, families and caregivers in love and compassion.

**Thank you for your support.**

To learn more or share your support:  
[www.mjhfoundation.org/donate](http://www.mjhfoundation.org/donate)

*Martha  
Jefferson* Hospital Foundation

