

Basil-Lemon Vinaigrette Salad Dressing

Makes 6 (1-tablespoon) servings

Ingredients

⅓ cup sodium-free, fat-free vegetable or chicken broth

1½ tablespoons chopped fresh basil, or 1½ teaspoons dried basil

1 tablespoon extra virgin olive oil

1 tablespoon fresh lemon juice

1 tablespoon red wine vinegar

1 teaspoon Dijon mustard

3 garlic cloves, halved

Freshly ground black pepper

Directions

1. Combine all ingredients in a blender until smooth.
2. Store in an airtight container for up to one week. Serve over a variety of vegetable salads.